

# Bathhouse Hours

Open 7 Days

Monday - Wednesday .....7:00am - 5:00pm  
Thursday - Saturday .....7:00am - 9:00pm  
Sunday .....7:00am - 2:00pm

Closed Christmas Day

**Reservations are required and taken up to 4 months in advance.**

*PRICES AND TIMES ARE SUBJECT TO CHANGE.*



THE  
**ARLINGTON**  
RESORT HOTEL & SPA

**Relax at The Arlington**  
The Heart of Historic Hot Springs National Park

Thermal baths and spa.  
A national park outside any door.  
Great dining choices.  
Twin cascading outdoor pools.  
Championship golf courses.  
Private beauty and facial salon.



THE  
**ARLINGTON**  
RESORT HOTEL & SPA

THE HEART OF HISTORIC HOT SPRINGS NATIONAL PARK

239 Central Avenue, Hot Springs National Park, AR 71901

**FOR RESERVATIONS OR INFORMATION CALL  
501-623-7771 or 800-643-1502 • Fax 501-623-2243**

**www.ArlingtonHotel.com**

**E-mail: info@ArlingtonHotel.com**

American Express, Discover, Diners Club, MasterCard, VISA accepted

## THERMAL BATHHOUSE & Spa

*Located on the 3rd floor of the hotel.*



## Relax & Rejuvenate

IN THE SOOTHING, HEALING WATERS  
OF HOT SPRINGS NATIONAL PARK

# Thermal Bathhouse & Spa



## Experience a Variety of Therapeutic Treatments

The Arlington offers a host of therapeutic treatments to help you relax, including:

- Hydrotherapy (thermal mineral water whirlpool bath) and Massage Combo
- 20-Minute Thermal Mineral Water Whirlpool Bath
- Dry Sauna
- Pressurized Shower
- Hot and Cold Packs
- Massages (Singles or Couples)  
*Trouble Spot, Reflexology (foot), Hot Stone, Swedish*
- Body Scrubs  
*Salt & Sugar*
- Body Wraps  
*Tropical, Seaweed, Mud*



Take care of yourself  
by letting us take care of you!

# Thermal Bathhouse & Spa Rates

Thermal Mineral Water Bath.....	\$28.00
The Works .....	\$62.00
<i>Thermal mineral water bath and 20 minute massage. These procedures are included in our Spa Package.</i>	



### MASSAGE THERAPY

20 minutes .....	\$34.00
40 minutes .....	\$70.00
60 minutes .....	\$95.00
90 minutes .....	\$125.00

### SPECIALTY SPA SERVICES



Trouble Spot Massage, 30 minutes .....	\$50.00
Deep Tissue Massage, 40 minutes.....	\$85.00
60 minutes.....	\$105.00
Reflexology Foot Massage, 30 minutes.....	\$50.00
Hot Stone Massage, 50 minutes.....	\$95.00
Hot Stone Massage, 75 minutes.....	\$120.00
Body Scrubs .....	\$90.00

*Exfoliate your body with a personalized salt or sugar scrub.*

Tropical Body Wrap-Passion Mango .....	\$100.00
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*De-aging skin rejuvenating, skin is revitalized, firmer and brighter.*

Seaweed Body Wrap .....	\$99.00
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*Detoxifies, exfoliates, refines skin and stimulates circulation.*

Mud Body Wrap .....	\$95.00
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*Detoxifies your body while reducing stress and soothing the body.*

Desert Heat Body Wrap .....	\$100.00
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*Vanquishes fatigue and stress, replenishing and remineralizing the body.*

Lumafirm Lift, Tight & Glow Body Wrap .....	\$100.00
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*Instantly smoothes wrinkles and skin textures.*

Pervonia European Facial .....	\$65.00
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*Detoxifying, corrective facial.*



Couples rooms available  
for all specialty services for an  
extra \$10.00 per couple.